

Brenda K. O'Reilly, Ph.D., Professional LLC
Licensed Clinical Psychologist
Board Certified Professional Christian Counselor

DISCLOSURE STATEMENT

Welcome to my practice. I am committed to providing the highest quality of psychological services. I believe that concepts, treatment approaches, and research data from many different theoretical schools may be professionally applied to relieve a variety of personal, family, and marital problems. The resolution of presenting symptoms, an enhancement of interpersonal functioning, and an encouragement of wellness-sustaining spiritual growth are all seen as valid goals of professional counseling.

Psychotherapy is not easily described in general statements. It varies depending on the personalities of the psychologist and client, and the particular problems you bring forward. There are many different methods I may use to deal with the problems that you hope to address. Psychotherapy is not like a medical doctor visit. Instead, it calls for a very active effort on your part. In order for therapy to be most successful, you will be encouraged to work on things we talk about both during our sessions and at home.

Psychotherapy can have benefits and risks. Since therapy often involves discussing unpleasant aspects of your life, you may experience uncomfortable feelings like sadness, guilt, anger, frustration, loneliness and helplessness. On the other hand, psychotherapy has also been shown to have benefits for people who go through it. Therapy often leads to better relationships, solutions to specific problems, and significant reductions in feelings of distress.

Our first session will involve an evaluation of your needs. At the end of this assessment, I will be able to offer you some first impressions of what our work will include and recommendations for treatment, if you decide to continue with therapy. You should evaluate this information along with your own opinions of whether you feel comfortable working with me. Therapy involves a commitment of time, energy, and money, so you should be very careful about the therapist you select. If you have questions about my procedures, we should discuss them whenever they arise. If your doubts persist, I will be happy to help you set up a meeting with another mental health professional for a second opinion.

I began practicing clinical psychology as a graduate student trainee in 1980. The following is a summary of my education, licensure and certification, followed by important information about my professional services.

Education

Ph.D. in Clinical/Community Psychology, University of South Carolina, 1987
Graduate Certificate in Biblical Studies, Columbia International University, 1980
B.S. in Psychology, Virginia Polytechnic Institute and State University, 1976

Licensure

Licensed Psychologist, Colorado State Board of Psychological Examiners, 1993 – present
Licensed Clinical Psychologist, South Carolina Board of Examiners in Psychology, 1988 – 1993

Certification

Board Certified Professional Christian Counselor (BCPCC), Board of Christian Professional and Pastoral Counselors, 2009 – present

State Regulatory Information

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed clinical social workers, licensed professional counselors, licensed marriage and family therapists, certified school psychologists, and unlicensed individuals who practice psychotherapy.

The agency within the Department that has responsibility specifically for licensed and unlicensed psychotherapists is the State Grievance Board, 1560 Broadway, Suite 1340, Denver, CO 80202, (303) 894-7766.

Client Rights and Important Information

You are entitled to receive information from me about my methods of therapy, the techniques that I use, the duration of your therapy (if I can determine it), and my fee structure. I am eclectically trained, and tend to utilize cognitive-behavioral therapy, brief therapy, solution-focused therapy, and Christian-based counseling for many issues.

You can seek a second opinion from another therapist or terminate therapy at any time.

In a professional relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate. If sexual intimacy occurs, it should be reported to the State Grievance Board.

Generally speaking, the information provided by and to a client during the therapy sessions is legally confidential if the therapist is a licensed psychologist. If the information is legally confidential, the therapist cannot be forced to disclose the information without the client's consent.

There are exceptions to the general rule of legal confidentiality. These exceptions are listed in the Colorado statutes (section 12-43-218, C.R.S., in particular, discusses exceptions in the case of a complaint, suit, or grievance). You should be aware that, except in the case of information given to a licensed psychologist, legal confidentiality does not apply in a criminal or delinquency proceeding. There are other exceptions, such as (a) indications of clear and imminent danger to self or others, (b) proper, legal court order directing release of information to a particular court judge, and (c) suspicion of abuse or neglect of a child, elder, or an at-risk adult with intellectual or developmental disabilities, that I will identify to you if the situations arise during therapy.

Records

Any person who alleges that a mental health professional has violated the licensing laws related to the maintenance of records of a client eighteen years of age or older must file a complaint or other notice with the licensing board within seven years after the person discovered or reasonably should have discovered this. Pursuant to law, this practice will maintain records for a period of seven years commencing on the date of termination of services or on the date of last contact with the client, whichever is later.

Marital and/or Family Sessions

Sometimes the client is considered to be more than one person (as in couple or family therapy). Separate sessions for individual members of the couple or family, when held as an adjunct to conjoint treatment, are not considered to be confidential from the other family members.

Collateral Consultation

Sometimes it is helpful to consult with other family members, with the client's permission, in order to facilitate treatment of the client. These sessions are not confidential and the information may be shared with the client.

Court Proceedings

I am unwilling to be an adverse witness in any child custody, divorce, or other domestic, civil, or criminal court proceedings. My role as a professional psychologist is to provide a therapeutic and neutral environment. Although some legal proceedings cannot be avoided, please note by circling the appropriate word whether you (agree) or (disagree) to not subpoena Dr. O'Reilly, to not subpoena client records, and to not depose Dr. O'Reilly in any legal proceeding. Please initial here _____

Emergency Coverage

The instructions for accessing me for life-threatening emergencies are given in my voice mail phone greeting. If I am out of town I arrange for emergency coverage of my caseload with several colleagues.

Counseling Orientation

I offer an expertise in integrating Christian truths into the therapeutic process. I am trained in Christian counseling, and offer this orientation to those who wish to receive it. I am also sensitive to the client's right to choose the level of interest in this approach, and am happy to offer professional psychotherapy without this spiritual emphasis. Please note by circling the appropriate phrase whether your (wish to receive) or (do not wish to receive) a Christian orientation in your professional counseling. Please initial here _____

Consultation

I may occasionally find it helpful to consult another mental health professional about a case in order to provide the best treatment possible. During a consultation, I do not reveal the identity of my client. The consultant is also legally bound to keep the information confidential.

Colleagues

You will notice that I share office space with professional colleagues. We represent separate business entities, and thus do not share records or confidential session information.

If you have any questions or would like additional information, please feel free to ask.

I have read the proceeding information and understand my rights and responsibilities as a client.

I hereby acknowledge that I have received a copy of Practitioner's Notice of Privacy Practices.

Signature _____ Date _____